

GREAT BEGINNINGS		MARCH 2010			LK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MARCH 1 AM: GRAHAM CRACKERS, 2 EA MILK, 1/2 C PM: BUTTER COOKIE, 1 EA 100% APPLE JUICE NO DYES	MARCH 2 AM: BLUEBERRY BREAD, 1 SL MILK, 1 PKTS PM: RITZ CRACKERS, 4 EA AMERICAN CHEESE, 1 SL	MARCH 3 AM: TOASTIO'S CEREAL, 1/3 C MILK, 1/2 C PM: VANILLA YOGURT BULK, 1/2 C VANILLA WAFERS, 4 EA	MARCH 4 AM: STRAWBERRY YOGURT, 1/2 C GRAHAM CRACKERS, 2 EA PM: OATMEAL RAISIN SNACK, 1 EA MILK, 1/2 C	MARCH 5 AM: CEREAL TRAIL MIX, 1/3 C MILK, 1/2 C PM: GOLDFISH, 1/2 C CHILLED DICED PEARS, 1/2 C	
MARCH 8 AM: GRAHAM CRACKERS, 2 EA MILK, 1/2 C PM: CHEESE NIPS, 1/3 C 100% CITRUS PUNCH / NO DYES, 1/2 C	MARCH 9 AM: ENGLISH MUFFIN, 1/2 EA W/ GRAPE JELLY MILK, 1/2 C PM: MINI PRETZELS, 8 EA 100% WHITE GRAPE JUICE, 1/2 C	MARCH 10 AM: CORN FLAKES, 1/3 C MILK, 1/2 C PM: VANILLA YOGURT BULK, 1/2 C VANILLA WAFERS, 4 EA	MARCH 11 AM: RAISIN BREAD, 1/2 SL MILK, 1/2 C PM: GRAHAM CRACKERS, 2 EA 100% APPLE JUICE NO DYES, 1/2 C	MARCH 12 AM: TOASTIO'S CEREAL, 1/3 C MILK, 1/2 C PM: GOLDFISH, 1/3 C 100% WHITE GRAPE JUICE, 1/2 C	
MARCH 15 AM: FRENCH TOAST STICKS, 2 EA W/ SYRUP MILK, 1/2 C PM: RITZ CRACKERS, 4 EA AMERICAN CHEESE, 1 SL	MARCH 16 AM: LIFE CEREAL, 1/3 C MILK, 1/2 C PM: OATMEAL RAISIN SNACK, 1 EA 100% WHITE GRAPE JUICE, 1/2 C	MARCH 17 AM: STRAWBERRY YOGURT, 1/2 C GRAHAM CRACKERS, 2 EA PM: MINI PRETZELS, 8 EA MILK, 1/2 C	MARCH 18 AM: TOASTIO'S CEREAL, 1/3 C MILK, 1/2 C PM: GOLDFISH, 1/3 C 100% CITRUS PUNCH / NO DYES, 1/2 C	MARCH 19 AM: BANANA BREAD, 1 SL MILK, 1/2 C PM: RICE CAKES, 3 EA 100% APPLE JUICE NO DYES, 1/2 C	
MARCH 22 AM: BLUEBERRY BREAD, 1 SL MILK, 1/2 C PM: BUTTER COOKIE, 1 EA 100% APPLE JUICE NO DYES, 1/2 C	MARCH 23 AM: GRAHAM CRACKERS, 2 EA MILK, 1/2 C PM: RITZ CRACKERS, 4 EA AMERICAN CHEESE, 1 SL	MARCH 24 AM: PLAIN BAGEL, 1/2 EA W/ GRAPE JELLY MILK, 1/2 C PM: BREADSTICKS, 1 PKTS 100% CITRUS PUNCH / NO DYES, 1/2 C	MARCH 25 AM: RAISIN BREAD, 1 SL MILK, 1/2 C PM: VANILLA YOGURT BULK, 1/2 C FRESH BANANA, 1/2 EA	MARCH 26 AM: TOASTIO'S CEREAL, 1/3 C MILK, 1/2 C PM: GRAHAM CRACKERS, 2 EA 100% ORANGE PINEAPPLE / NO DYES	
MARCH 29 AM: GRAHAM CRACKERS, 2 EA MILK, 1/2 C PM: BUTTER COOKIE, 1 EA 100% APPLE JUICE NO DYES	MARCH 30 AM: BLUEBERRY BREAD, 1 SL MILK, 1 PKTS PM: RITZ CRACKERS, 4 EA AMERICAN CHEESE, 1 SL	MARCH 31 AM: TOASTIO'S CEREAL, 1/3 C MILK, 1/2 C PM: VANILLA YOGURT BULK, 1/2 C VANILLA WAFERS, 4 EA			

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed.
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons
 6 oz milk required with each meal